

### 2008 USA Wrestling Freestyle and Greco-Roman Age Groups & Weight Divisions

DIVISION	Flyweight	Bantam	Midget	Novice	Schoolboy/Girl	Cadet *	Junior *	Senior
<b>BIRTHDATES</b>	Born 2002 and later 6 & Under (state level programs only)	Born 2000-2001 7 & 8 (state level programs only)	Born 1998-1999 9 & 10	Born 1996-1997 11 & 12	Born 1994-1995 13 & 14	Born 1992-1993 15 & 16	Born 9/1/92 & after (must be enrolled in grades 9-12) (other rules apply)	Born Out of High School
<b>MATCH TIME LIMITS</b>	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods
<b># / WEIGHTS</b>	7 plus	9 plus	13 plus	15 plus	17 plus	17	15 / 11	7 / 7
<b>WEIGHT CLASSES</b>	35 40 45 50 55 60 65 70+  15 lb. Max. difference  (Flyweight competes within state and not at region level)	40 45 50 55 60 65 70 75 75+  15 lb. Max. difference  (Bantam competes within state and not at region level)	50 55 60 65 70 75 80 87 95 103 112 120 120+  20 lb. Max. difference	60 65 70 75 80 85 90 95 100 105 112 120 130 140 140+  25 lb. Max. difference	70 77 84 91 98 105 112 120 128 136 144 152 160 175 190 210 235  30 lb. Max. difference	84 91 98 105 112 119 125 130 135 135 140 145 145 152 152 160 160 171 171 189 189 215 215 275	<b>Men</b> <b>Women</b> 98 95 105 102 112 110 119 119 125 128 130 138 135 148 140 160 145 175 152 195 160 220 171 189 215 275	<b>Men</b> 121 132 145.5 163 185 211.5 264.5 Hvy  <b>Women</b> 105.5 112 121 130 138.5 147.5 158.5

\* FILA weights/ages differ \*\* medical certificate required to participate \*\*\* And the athlete's class must have graduated from high school