2006 USA Wrestling Age Groups & Weight Divisions

DIVISION	Flyweight	Bantam	Midget	Novice	Schoolboy/Girl	Cadet *	Junior *		Senior
BIRTHDATES	Born 2000 and later 6 & Under (state level programs only)	Born 1998–1999 7 & 8 (state level programs only)	Born 1996–1997 9 & 10	Born 1994–1995 11 & 12	Born 1992–1993 13 & 14	Born 1990–1991 15 & 16	Born 9/1/90 & after (must be enrolled in grades 9-12) (other rules apply)		Born 1985 or before 1986–1987**
MATCH TIME LIMITS	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods		3 - 2' periods. 30" rest between periods
# / WEIGHTS	7 plus	9 plus	13 plus	15 plus	17 plus	17	15 / 11		7 / 7
WEIGHT CLASSES	35	40	50	60	70	84	**Men**	**Women**	**Men**
	40	45	55	65	75	91	98	95	121
	45	50	60	70	80	98	105	102	132
	50	55	65	75	85	105	112	110	145.5
	55	60	70	80	90	112	119	119	163
	60	65	75	85	95	119	125	128	185
	65	70	80	90	100	125	130	138	211.5
	70+	75	87	95	105	130	135	148	264.5
		75+	95	100	110	135	140	160	Hvy
			103	105	115	140	145	175	
			112	112	120	145	152	195	**Women**
			120	120	125	152	160	220	105.5
			120+	130	130	160	171		112
				140	145	171	189		121
				140+	165	189	215		130
					185	215	275		138.5
					205	275			147.5
					225				158.5
					250				
	15 lb. Max. difference (Flyweight competes within state and not at region level)	15 lb. Max. difference (Bantam competes within state and not at region level)	20 lb. Max. difference	25 lb.Max. difference	30 lb.Max. difference				

* FILA weights/ages differ ** medical certificate required to participate *** And the athlete's class must have graduated from high school

Source: USA Wrestling - 8/26/05